

## The Benefits of Home Based Primary Care:

- ◆ Maximize functioning
- ◆ Minimize institutionalization
- ◆ Maintain quality of life

### What do Veterans and Caregivers Say?

*"I have lots of problems related to my diabetes and it is difficult for me to get to clinic appointments. The VA sends a Nurse, a Dietician, and a Physician Therapist to my home." -George, Veteran*

*"After my husband came home from the hospital, a Nurse came out to our home to make sure things were going all right and that we could manage his heart failure. She is helping us to get a visit from a Dietician who can help us learn how to reduce his salt intake and the Nurse Practitioner will be coming back on a regular basis to check on him to see how he is doing. We live in such a rural area that it's a blessing that they come to us."-Helen, Veteran's Wife and Caregiver*



Integrity ~ Commitment ~ Advocacy ~ Respect ~ Excellence

## Contact Information

For more information contact:

### Home Based Primary Care Office

**318-990-4992**

**Toll Free: 1-800-863-7441**

**ext. 4992**

### Overton Brooks VA Medical Center

510 E. Stoner Ave.  
Shreveport, LA. 71101  
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Toll Free: 1-800-644-8370

<http://www.shreveport.va.gov/>

# Home Based Primary Care



*Hands on Care for Our Veterans  
Veterans Health Administration*



**VA** | Defining  
**HEALTH CARE** | **EXCELLENCE**  
in the 21st Century

## What is Home Based Primary Care?



- ◆ Health care services provided to Veterans in their homes.
- ◆ By an interdisciplinary team
- ◆ Supervised by a VA Physician
- ◆ For Veterans who have complex health care needs for whom routine clinic-based care is not effective.

### Who is eligible for Home Based Primary Care?

Since Home Based Primary Care is part of the VHA Standard Medical Benefits Package, all **ENROLLED** Veterans are eligible if:

- ◆ They meet clinical need for the service and it is available.

## What Services Can I Get?

If you qualify for Home Based Primary Care, your care plan includes:

- ◆ Primary Care \*\* visits by a home physician, nurse practitioner, or physician's assistant
- ◆ Care management through a nurse practitioner, physician's assistant or a nurse
- ◆ Coordination of your services by a social worker
- ◆ Home safety evaluation assessment for assistive devices and therapeutic exercise program
- ◆ Mental health services
- ◆ Nutrition counseling from a dietician
- ◆ Help managing your medications



**\*\*The HBPC Provider becomes the Primary Care Provider for Veterans enrolled in Home Based Primary Care.**

## Your Home Based Primary Care Team:

- ◆ **Medical:** The HBPC Primary Care Provider is responsible for your medical care & collaborates with the assigned nurse to:
  1. Identify & meet your medical needs;
  2. Teach you & your family to recognize & manage health problems.
- ◆ **Social Work Service:** Provides counseling to you & your family, assisting with the emotional & practical stresses that come with illness & disability. Assists with referrals to community & VA resources; Coordinates follow-up care upon discharge.
- ◆ **Psychologist:** Provides counseling to you & your family. Provides information & mental health services such as assessment, screenings, & other preventive services. Assists with commonly experienced problems such as depression, anxiety, PTSD, & dementia.
- ◆ **Rehabilitative Medicine:** The therapist evaluates you & your home for special equipment that can be adapted to the home to help you & your family in care activities. Teaches & assists with exercises to increase or maintain mobility & independence.
- ◆ **Nutrition:** A dietician will teach you & your family the prescribed diets, offer advice on purchasing & evaluation of food, menu planning & food preparation. Offers information about community nutritional services.
- ◆ **Pharmacy:** A pharmacist is on hand to assist with any medication/refill needs.