

OVERTON BROOKS VAMC
SUBSTANCE USE DISORDERS SERVICES



HOW DO YOU REFER TO SUDS?

WALK-IN

Located Basement South

CONSULT

Referral by Provider

Send to

Anna M. Kennedy, LCSW &
Chester Whittemore, LPC

CALL

990-5066

VVC - TELEMENTALHEALTH

Need more Info
Contact 990-5066

Refer via Consult

chester.Whittemore@va.gov

or anna.kennedy@va.gov

v

NO VETERAN

LEFT BEHIND

Texarkana, Longview, & Monroe Serviced

WHAT SERVICES DO WE OFFER?



After Hours Group – Weekly group for Veterans who qualify



SUDS Intensive Outpatient Program (IOP) – 35 day – housing included



Aftercare Groups – Veterans striving to maintain sobriety



Individual Counseling – Brief Intervention Therapy



Medication Assisted Treatment – Opiate Agonist Program & Alcohol Use Disorder Program



Contingency Management – positive reinforcement for those struggling to maintain sobriety (12-week incentives program)

AFTER HOURS GROUP



- For the Veteran who is concerned there may be a problem with substances
- Have employment conflicts
- Not for legal purposes or employment requirements

If you think your life would be better without drugs or alcohol and you continue to use anyway, that might be a PROBLEM.

INTENSIVE OUTPATIENT TREATMENT (IOP)

- Psychotherapy Groups
- Individual Counseling
- Medical & Mental Health Assessments
- Occupational Therapy
- Recreational Therapy
- Services for Veterans with Disabilities
- Psychiatric Assessment
- Spiritual Assessment
- Random Drug Screening
- Discharge Planning
- Case Management
- Now offer IOP from home for those who qualify

MORE OPTIONS ...

- **AFTERCARE GROUPS**

Opportunity to build supportive relationships

Offered Each Tuesday

Must have completed Level I treatment within the past year

May have completed treatment at VA OR other facility

- **RELAPSE PREVENTION GROUP**

For anyone struggling with relapse

Open Group – Drop-ins Welcome

Can stand alone until IOP available

Acknowledge barriers to treatment

Promote opportunities for treatment

Refer thru consult or tag on note

Opiate Agonist Treatment Program (OATP)

requires

- Opioid Use Disorder diagnosis
- No co-prescriptions for other controlled substances

includes

- Group Psychotherapy
- Individual Counseling
- Routine Drug Testing

**MEDICATED-
ASSISTED
TREATMENT**

MEDICATED- ASSISTED TREATMENT

- **Naltrexone and Acamprosate**
 - FDA indicated for alcohol use disorder
 - Reduces cravings/urges
 - Must be free from active significant liver disease for naltrexone use
 - Must be opioid free for naltrexone
 - Works best in conjunction with other therapeutic resources

CONTINGENCY MANAGEMENT PROGRAM

- Positive Reinforcement
- Duration – 12 weeks
- 24 sessions (twice weekly)
- Routine UDS
- Available as motivator for most SUDS participants

SMOKING CESSATION PROGRAM

- Open to Any Veteran wishing to stop using nicotine products
- Psychoeducational Group
- Held on Wednesdays 9 am
- Check-in Basement South

AGAIN, HOW DO YOU REFER TO SUDS? NEED MORE INFORMATION?

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Enter

CONSULT